

SJR 358

DISSEMINATION OF EFFECTIVE TREATMENT MODALITIES

Study Mandate

The Virginia Commission on Youth (VCOY) is to:

- Make empirically based information concerning effective treatment modalities and practices for children (the “*Collection*”) available through web technologies;
- Seek the assistance of the Collection Update Advisory Group, Secretary of Health and Human Resources, Secretary of Public Safety, and Secretary of Education in posting, maintaining and biennially updating the *Collection*; and
- Develop a cost-effective and efficient dissemination method to allow for easy access to the information.

Issues

- The *Collection* was originally published in 2002, and is updated biennially. VCOY previously adopted a work plan to update the *Collection 5th Edition* to reflect the revised American Psychiatric Association’s *revised Diagnostic & Statistical Manual of Mental Disorders Fifth Edition (DSM-5)*. The *DSM-5* is the 2013 update to the American Psychiatric Association’s classification and diagnostic tool. In the U.S., the *DSM* serves as a primary authority for psychiatric diagnoses, treatment recommendations, and reimbursement by health insurers.
- The *Collection* has been widely used since its first publication in 2002 and is tailored for parents, caregivers, educators, service providers, and others with an interest in children’s mental health. Monthly web hits for the *Collection* can reach up to 40,000.
- Commission staff is finalizing the update of the *Collection 6th Edition* to reflect the revised *DSM-5* as well as updated research about evidence-based practices for children and adolescents with mental health treatment needs. The *Collection 6th Edition* has been updated with the assistance of an advisory group of experts.
- The *Collection 6th Edition* includes the following sections:
 - Adjustment Disorders
 - Attention Deficit Hyperactivity Disorder
 - Oppositional Defiant & Conduct Disorders
 - Sexual Offending
 - Eating Disorders
 - Juvenile Firesetting
 - Non-Suicidal Self-Injurious Behavior
 - Habit Disorders
 - Anxiety Disorders
 - Trauma
 - Obsessive-Compulsive Disorder
 - Depression and Dysthymia
 - Pediatric Bipolar Disorder
 - Early-onset Schizophrenia
 - Substance Abuse Disorders

- Youth Suicide
 - Juvenile Offending
 - Developmental Disabilities and Co-occurring Mental Health Disorders
 - Autism Spectrum Disorder
 - Intellectual Disability
 - Antidepressants and the Risk of Suicidal Behavior
 - School-based Mental Health Services
 - Role of the Family in Treatment Programs
 - Key Components of Successful Treatment
 - Reference Chart of Disorders and Treatments
 - Description of Providers
 - Providers Licensed in Virginia
 - Terms in Virginia's Mental Health System
 - Commonly-used Acronyms
- The *Collection 6th Edition* is a resource for providers, families, and other entities or individuals working with children with mental health treatment needs by providing them with current information on evidence-based treatment modalities.
- The intent of dissemination is to spread knowledge and awareness about evidence-based practices. The field of child and adolescent mental health is multi-disciplinary, with a diverse service system. There are a multitude of treatment guides and resources, which makes it very difficult for service providers and families to make informed choices. Evidence-based practices serve as a guide by allowing families, clinicians, and other mental health decision-makers access to information on what treatments have been proven to be effective.

Study Activities

- Identify goals, strategies and mechanisms for dissemination
- Focus on low cost dissemination efforts (e.g., web strategies, listserv emails)
- Identify partners and participants in dissemination effort
- Collection Update Advisory Group
 - Secretary of Health and Human Resources and Health and Human Resource agencies
 - Department of Medical Assistance Services
 - Office of Children's Services (CSA)
 - Local CSA Offices
 - Family Assessment and Planning Teams (FAPT)
 - Community Planning and Management Team (CPMT)
 - Department of Behavioral Health and Developmental Services (DBHDS)
 - Community Service Boards (CSBs)
 - Secretary of Public Safety/Public Safety agencies
 - Department of Juvenile Justice (DJJ)
 - Department of Criminal Justice Services (DCJS)
 - Court Appointed Special Advocates (CASA)
 - Office of the Executive Secretary of the Supreme Court
 - Juvenile and Domestic Relations District Court Judges

- Secretary of Education/Local school divisions
- Professional Associations
 - Virginia Association of Community Services Boards
 - Medical Society of Virginia
 - Virginia Chapter - American Academy of Pediatrics
 - Psychiatric Society of Virginia
 - Virginia Psychological Association
- Consumer and Advocacy Organizations
 - Voices for Virginia’s Children
 - National Alliance for Mental Illness (NAMI)
 - Other disability-specific organizations
- Contact partners and request assistance in dissemination
- Share information with identified partners for dissemination to professionals and communities across the Commonwealth
- Convert *Collection 6th Edition* to HTML version
- Update VCOY website
- Draft summaries for *Collection 7th Edition*